



Boys Brigade in Northern Ireland
East Antrim Battalion

www.boysbrigadeni.org.uk/eastantrimbattalion.htm

Joga Bonito 3 A Side Football Competition

Junior boys 1st – 3rd Year School Age

Senior boys 4th Year School Age and Above (*juniors may not play up*)

- No offside rule.
- Duration of play – 5 minutes each way.
- The ball may **NOT** be played above head height.
- The ball may be played off side and back walls.
- No goalkeepers.
- Small goals – unihoc size
- Joga Bonito Ball
- No players from any team allowed to gain an advantage by entering the semi circle around goal unless instructed by the referee to retrieve the ball if it is not going to come out
 - a. Defending player entering the semi circle – penalty from half way line
 - b. Attacking team entering semi circle – free kick to defending team
 - c. Both these decisions will require interpretation by referee
- Sliding tackles are **NOT** allowed.
- The opposition must be a minimum of 1 metre from any free kick.(Failure to move back 1 metre from ball will result in the referee moving the ball 1 metre forward)
- A goal cannot be scored direct from the kick-off.
- All free kicks are direct and can be taken as quickly as the attacking team desires



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- If a free kick is committed closer than 1 metre from the semi circle the ball will be placed 1metre from the semi circle so as the defender does not have to defend inside the semi circle
- A substitute is allowed, but only may be made at half time or if a player is injured.
- A goal can only be scored in the opposition's half.
- A "1 minute Sin Bin" will operate for misconduct.
- If a player is **Sin Binned 3 times** during the competition he will **not** be allowed to take any further part.
- After a goal is scored the team which conceded the goal will kick off from the centre spot
- Most other rules for Association Football ball will apply except:
 - a. When the ball is played above head height an indirect free kick will be awarded.
 - b. Sliding Tackles will be penalised.
- Scoring system:
 - a. 3 points for a win
 - b. 2 points for a score draw
 - c. 1 point for a no score draw